



**INTEGRITY  
SUPPORTED  
LIVING**



**QUALITY  
CARE IN THE  
COMFORT OF  
YOUR HOME**

Empowering Independence,  
Enriching Lives.



# About us

Personalised care, Tailored to your needs.

At Integrity Supported Living, we believe that home is where the heart is and we understand the importance of personalized and compassionate care within the comfort of your own home. Our team of support workers and nurses combined with our comprehensive range of personalized support options ensure that you or your loved one can continue to enjoy the comfort of home. We are dedicated to providing exceptional care services that empower individuals to lead fulfilling lives. Guided by principles of integrity, compassion, and personalized support, we go above and beyond to ensure the well-being and independence of our clients.

# Our Comprehensive Services

## Hospital-to-Home Transition

We specialize in supporting patients discharged from hospitals, ensuring a smooth and confident transition back to the comfort of their homes. Our team of support workers can assist with post-hospital care, medication management and emotional support.

## Personal Care Assistance

Our skilled support workers offer assistance with daily activities, grooming, bathing, dressing, mobility support and medication management.

## Complex Care

We understand the unique challenges of individuals with complex care needs. Our support workers and nursing team are well-equipped to provide specialized care, wound management, skilled nursing care and support for chronic illnesses.

## Learning Disabilities Care

Enabling individuals with learning disabilities to lead fulfilling lives through tailored support, skill-building activities, while fostering their abilities and interests.

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# Our Comprehensive Services (continued)

## **Mental Health Support**

Mental health is as important as physical health. Our caregivers provide companionship and support to individuals facing mental health challenges, promoting emotional well-being and stability.

## **Home Management**

From light housekeeping, grocery shopping to meal preparation, our team can help support you maintain a clean and organized living environment. We are also able to provide support in developing meal plans that cater to dietary preferences.

## **Respite Care**

Caregivers deserve breaks too. We offer respite services to provide family caregivers with a well-deserved break, knowing their loved ones are in capable hands.

## **Companionship Services**

The burden of loneliness can be eased through the companionship of a friendly companion. Our companionship service offers enriching dialogues, support in accessing social events, recreational centres, community support groups and sustaining connections with family and friends, as well as fostering new relationships.

## **Palliative Care**

Support from personal care including bathing, dressing and toileting, Assistance with medication and managing symptoms, pain management, help with mobility, meal preparation and grocery shopping, continence care, psychological support both for the individual and the family.

# Our Care Team

Our care team have received training in the below therapeutic approaches, including:

- Cognitive Behavioural Therapy (CBT)
- Dialectical Behaviour Therapy (DBT)
- Positive Behaviour Support (PBS)
- The Oliver McGowan training for Learning disability and Autism



# Why Choose Integrity Supported Living?

## **Person-Centered Approach**

Every individual is unique, and our care plans reflect that. We design personalized care solutions that meet the specific needs and preferences of each client.

## **Trained and Caring Professionals**

Our caregivers undergo rigorous training and are chosen for their compassionate nature. With background checks and ongoing training, we ensure safety and quality care.

## **Person-Centred Care Plans**

Every individual is unique. Our personalized care plans adapt to evolving needs, ensuring the best support possible.

## **Holistic Care Approach**

We focus not just on physical care, but on emotional, mental, and social well-being. Our approach aims to improve the overall quality of life for our clients.

## **Flexible Scheduling**

We offer flexible scheduling options, whether you need assistance for a few hours a day or around-the-clock care.

## **Family Partnership**

We value open communication with families, involving them in care decisions and progress updates, so they remain engaged and informed.

## **Empowerment Through Independence**

Our goal is to empower clients to maintain their independence, fostering self-confidence, while providing the support they need to thrive.

# Testimonials

*"Integrity Supported Living has transformed our lives. The care givers treat my mom with respect and kindness, and she's happier and more independent than ever."*

**- Sarah D.**



*"I cannot thank Integrity Supported Living enough for the excellent care they provide for my dad. The caregivers go above and beyond to ensure his comfort and well-being."*

**- John M.**

*"Integrity Supported Living's domiciliary care has truly made a difference in my life. Their caregivers go above and beyond, ensuring my comfort and well-being at home."*

**- Patricia W**



Discover the difference our homecare service can offer to cater to your individual needs or those of your loved one. Call or email us for a free consultation and personalised assessment.



**Contact**

01442 508157

**Email**

[info@integrity-supported-living.co.uk](mailto:info@integrity-supported-living.co.uk)

**Website**

<https://integrity-supported-living.co.uk/>

**Company Address**

Maylands Business Centre, 10,  
Redbourn Rd, Hemel Hempstead  
HP2 7ES